Staff health and wellbeing during coronavirus - discussion points for your governing board meeting

1. Have you found a way to coordinate in-school and at-home working that is manageable and sustainable for those involved? If not, let's talk about what isn't working and we'll see if we can try and come up with some alternatives.

2. Do you have all the support you need at this time?

3. Do you have all the resources you need, including for home working?

4. If staff are being scheduled on a rota basis, have breaks been taken into account, including for the SLT?

5. How are staff adapting to working remotely? How do you know?

6. How often do you check in with staff and how are you able to do this?

7. What guidance and support have staff been given about home working?

8. Has there been any guidance or support from the Local Authority or MAT (if appropriate?). If so, how is this being implemented?

9. What are you most worried about at the moment? Let's talk through the issue and see if we can put some actions in place that will make it less stressful.

10. Do you have any access to external support where needed, e.g. counsellor services?

11. How is delegation of key tasks being managed at the moment?

12. Have any of the staff or their families been unwell? What is the process when this happens?

13. How are you managing those individuals who have specific roles, such as the DSL and what is the plan for if those individuals become unavailable for an extended period of time?